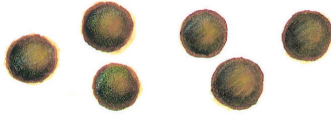


THE BRISTOL STOOL FORM SCALE (for children)

choose your

POO!

type **1**



looks like:

rabbit droppings

Separate hard lumps, like nuts (hard to pass)

type **2**



looks like:

bunch of grapes

Sausage-shaped but lumpy

type **3**



looks like:

corn on cob

Like a sausage but with cracks on its surface

type **4**



looks like:

sausage

Like a sausage or snake, smooth and soft

type **5**

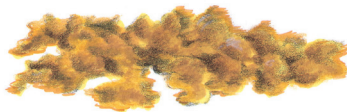


looks like:

chicken nuggets

Soft blobs with clear-cut edges (passed easily)

type **6**



looks like:

porridge

Fluffy pieces with ragged edges, a mushy stool

type **7**



looks like:

gravy

Watery, no solid pieces ENTIRELY LIQUID

Concept by Professor DGA Candy and Emma Davey, based on the Bristol Stool Form Scale produced by Dr KW Heaton, Reader in Medicine at the University of Bristol.

©2005 Produced by Norgine Pharmaceuticals Limited, manufacturer of Movicol® Paediatric Plain

MOVICOL® Paediatric Plain
macrogol 3350, sodium bicarbonate, sodium chloride, potassium chloride

The only licensed oral treatment for chronic constipation in children over 2 years old and faecal impaction in those over 5 years old.

Constipation

Adjust dose according to response

2-6 years = 1 sachet per day

7-11 years = 2 sachets per day

Faecal impaction

Age	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	number of Movicol Paediatric Plain sachets						
5-11	4	6	8	10	12	12	12

Some patients do suffer from nausea and vomiting occasionally. However this does not prevent treatment being continued to a successful conclusion and may be resolved if the subsequent dose is reduced or delayed.

Highly effective in treating faecal impaction and constipation^{1,2}

No significant changes to hydration or serum electrolytes¹

Clinically **superior** to lactulose in maintaining bowel movement¹

Flavour and sweetener free – just add fruit squash to taste

MOVICOL® Paediatric Plain

macrogol 3350, sodium bicarbonate, sodium chloride, potassium chloride

References

1. Data on file. (Candy DCA I and II).
2. Vincent R, Candy DCA. Gastroenterol Today 2001;11(2):50-52.

MOVICOL Paediatric Plain Abbreviated prescribing information. REFER TO FULL SUMMARY OF PRODUCT CHARACTERISTICS (SmPC) BEFORE PRESCRIBING. **Presentation:** Sachet of white powder which dissolves in about 62.5ml (approximately ¼ glassful) of water. Each sachet contains: 6.563g macrogol 3350, 175.4mg sodium chloride, 89.3mg sodium bicarbonate and 25.1mg potassium chloride. Does not contain flavourings or sweeteners. **Uses:** For the treatment of chronic constipation in children 2-11 years of age. For the treatment of faecal impaction in children from the age of 5 years. **Dosage and administration: Chronic Constipation:** The usual starting dose is 1 sachet daily for children aged 2-6 years, and 2 sachets daily for children aged 7-11 years. The dose should be adjusted up or down as required to produce regular soft stools. If the dose needs increasing this is best done every second day. The maximum dose needed does not normally exceed 4 sachets a day. Treatment of children with chronic constipation needs to be for a prolonged period (at least 6-12 months). **Faecal Impaction:** Escalating dose regimen starting with 4 sachets/day for children aged 5-11 years. Refer to Summary of Product Characteristics (SmPC) for full dosing recommendations. For patients of 12 years and older it is recommended that Movicol is used. Not recommended in children with cardiovascular impairment or renal insufficiency. Doses for prevention of re-impaction should be as for patients with chronic constipation. Each sachet should be dissolved in 62.5ml (approximately ¼ glassful) of water. **Contra-indications, warnings, etc: Contra-indications:** Intestinal perforation or obstruction due to structural or functional disorders of the gut wall, ileus, severe inflammatory conditions of the intestinal tract, such as Crohn's disease, ulcerative colitis and

toxic megacolon. Hypersensitivity to the active substances. **Warnings:** Rarely symptoms indicating fluid/electrolyte shift have been reported in adults using preparations containing macrogol. If this occurs Movicol Paediatric Plain should be stopped, electrolytes measured and any abnormality treated. **Interactions:** Medicinal products taken within 1 hour of administration of large volumes of macrogol preparations (as used when treating faecal impaction) may be flushed from the gastrointestinal tract and not absorbed. No interactions with other medicinal products reported. **Pregnancy and lactation:** No data on use in pregnancy and lactation and should only be used if considered essential by physician. **Side effects: Very common:** Diarrhoea or loose stools, mild vomiting and perianal inflammation are very common side effects in high dose use when treating faecal impaction, and are less common in lower dose use for treating constipation. **Common:** Abdominal distension and pain, borborygmi and nausea are common side effects when treating faecal impaction, and are less common in lower dose use for treating constipation. **Very rare:** Allergic reactions. Refer to the Summary of Product Characteristics (SmPC) for full list and frequency of adverse events. **Overdose:** Severe abdominal pain or distension can be treated by nasogastric aspiration. Extensive fluid loss by diarrhoea or vomiting may require correction of electrolyte disturbances. **Pharmaceutical Particulars:** Do not store sachet above 25°C. Reconstituted solution should be stored covered in a refrigerator (2-8°C) for up to 24 hours. LEGAL CATEGORY: POM. COST: 30 sachets: UK: £4.63 IRL: €8.40. MARKETING AUTHORISATION NUMBER: UK: PL 00322/0083 IRL: PA 102/23/4. © MOVICOL Paediatric Plain is a registered trademark of Norgine BV. Date of preparation: February 2006. MO/06/0671.

Adverse events should be reported to Medical Information at Norgine Pharmaceuticals Ltd on 01895 826606. Information about adverse event reporting can also be found at www.yellowcard.gov.uk



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MO/06/0695 (8334906)

March 2006

Dosage